



Fresco Adventures

Summer 2026

Mother Nature is calling you to come outside and play.
Join us for the fresh air and sunshine!

Visit the [*Fresco Adventures Meetup*](#) site for the latest events. Join today to begin exploring nature with a group of fun outdoor people.

FRESCO = *Fun Reasons Everyone Should Come Outdoors!*





UPCOMING EVENTS

Outdoor Fun

[June 6: Kayak, Lunch, and Wine in Maryland](#)

[June 6: Hike, Lunch, and Wine in Maryland](#)

[June 7: Hike, Lunch, and Wine in Virginia](#)

[June 7: Meditation Hike - Circles of DC in Wash, DC](#)

[July 11: Hike, Lunch, and Wine in Maryland](#)

[July 12: Hike, Lunch, and Wine in Virginia](#)

[August 8: Hike, Lunch, and Wine in Maryland](#)

[August 8: Meditation Hike - Georgetown in Wash, DC](#)

[August 9: Hike, Lunch, and Wine in Virginia](#)

[August 28-30: Kayak and Camping Weekend - Knoxville, MD](#)

[August 29-30: Kayak and Camping \(1 Night\) - Knoxville, MD](#)

[September 12: Hike, Lunch, and Wine in Maryland](#)

[September 12: Meditation Hike - Soapstone Trail in Wash, DC](#)



Health and Wellness

Join us for 7 days to a healthy lifestyle living.

Lose the waste, weight, and waist!

Program Teleconference Overview at 6PM:

September 2

Fall Renew and Recharge Wellness Retreat in Virginia

October 16-18

**Private sessions or on your own with daily emails for guidance
are available.**



Investment Learning Programs

Introduction to Money Management and Investing for
Teens and Adults

Register online at www.pgparke.com
Select the Activities and Events option for classes



Upcoming Fall Outdoor Fun

[Register Online](#)

October 10: Hike, Lunch, and Wine in Virginia

October 10: 13 Colonies Hike Part 2 in Wash, DC

October 16-18: Fall Wellness Retreat in Virginia

November 7: 13 Colonies Hike Part 3 in Wash, DC

November 29: Harpers Ferry Hike in West Virginia

Investment Learning Programs

October - December: Introduction to Money Management and
Investing for Teens and Adults

www.pgparks.org (Select Classes and Events and search 'money'
for the list of classes available)

