



Fresco Adventures Summer 2024

It's Summer and Mother Nature is calling you to come out to play.
Join us outdoors and enjoy the sunshine!

Visit the [*Fresco Adventures Meetup*](#) site for the latest events. Join today
to begin exploring nature with a group of fun outdoor people.



FRESCO = *Fun Reasons Everyone Should Come Outdoors!*



UPCOMING EVENTS

Outdoor Fun

June 8: Hike, Lunch, and Wine in Maryland

June 9: Hike, Lunch, and Wine in Virginia

June 9: Bring Your Own Kayak to Brunswick, MD

June 12: Meditation Hike in DC (Glover Park)

June 21-23: Mahogany Riverfest Kayak and Camp
Weekend (1 or 2 nights)

June 26: Meditation Hike in DC (Circles of DC)

July 10: Meditation Hike in DC (C&O Canal)

July 17: Meditation Hike in DC (Soapstone Trail)

July 20: Hike, Lunch, and Wine in Virginia

July 20: Bring Your Own Kayak to Bowie, MD

July 21: Kayak, Lunch, and Wine in Maryland

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August 24: Kayak, Lunch, and Wine in Maryland

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August 25: Hike, Lunch, and Wine in Virginia

August 25: Bring Your Own Kayak in DC

Interested in hiking any or all of the Pacific Crest Trail?



Health and Wellness

Join us for 7 days to a healthy lifestyle living

Lose the waste, weight, and waist!

Program Teleconference Overview at 6PM:

June 5

Fall Weekend Retreat: November 5-7

Private sessions or on your own with daily emails for
guidance are available.



Investment Learning Programs

June: Introduction to Money Management and Investing for Teens and Adults

Register online at www.pgparcs.com and select the Activities and Events option to search for your class session



Upcoming Autumn Outdoor Fun

[Register Online](#)

October 5: Hike the trails of Jefferson Patterson Park
in Maryland

October 5: Hike, Lunch, and Wine in Maryland

November 24: Hike Calvert Cliff Trails in Maryland

December 7: Holiday Hike Harpers Ferry West Virginia

Investment Learning Programs

October - November: Introduction to Money
Management and Investing for Teens and Adults