



Fresco Adventures Fall 2023

Mother nature is preparing for the autumn transition, so get ready to come outdoors and enjoy the fall foliage views!

Visit the [*Fresco Adventures Meetup*](#) site for the latest events. Join today to begin exploring nature with a group of fun outdoor people.



FRESCO = Fun Reasons Everyone Should Come Outdoors!



**UPCOMING
EVENTS**

Outdoor Fun

September 16: Hike, Wine, and Lunch in Virginia

September 17: Hike the Alexandria Heritage Trail in
Virginia/HBCU Fundraiser

September 17: Evening Kayak along the Patuxent River

September 18: Lake Artemisia After Work Hike

October 1: Hike, Wine, and Lunch in Maryland

October 28: Hike White Oak Canyon in Virginia

November 4: Hike the Lafayette Trail in Havre De
Grace, Maryland

December 2: Hike Harpers Ferry Holiday Walk

Interested in Hiking any or all of the Pacific Crest Trail?



Health and Wellness

Join us for 7 days to a healthy lifestyle living

Lose the waste, weight, and waist!

Program Teleconference Overview at 6PM:

September 14

Fall Weekend Retreat: September 22-24

Private sessions or on your own with daily emails for guidance are available.

More on the 7-Days to
Wellness Programs



Investment Learning Programs

September 5: Introduction to Money Management and Investing for Teens and Adults

September 5-26: Introduction to Money Management and Investing for Teens and Adults (4-week series)

November 2-16: Introduction to Stock Market Investing for Teens and Adults (3-week series)

Register online at www.pgparcs.com

Download the Full 2023
Calendar of Events



Upcoming 2024 Outdoor Fun

[Register Online](#)

January 7: Hike the Potomac Heritage Trail and
Roosevelt Island

February 4: Baltimore Urban Walk

March 9: Hike the Appalachian Trail in Virginia

Investment Learning Programs

January: Introduction to Money Management and
Investing for Teens and Adults (4-week series)

February: Introduction to Stock Market Investing for
Teens and Adults (3-week series)

March: Introduction to Starting an Investment Club



Fresco Excursions for 2024
Travel the World with Fun People!

April 14-20: California National Parks to Death Valley,
Joshua Tree, and Mojave Desert
(3 spaces available)

May 2-5: Level-Up Luxury Experience at the 150th
Kentucky Derby (2 spaces available)

September 4-15: Paris Adventure featuring London,
Frankfurt, and Paris (2 spaces available)

September 10-20: Paris Adventure featuring Paris and
the French Riviera
(2 spaces available)

[Interested in Hiking any or all of the Pacific Crest Trail?](#)

Is there a hike or outdoor adventure program that you would like to lead? Contact us for more information to lead an outdoor activity at fun@frescoadventure.com

For 2023, Enjoy Everything with Passion and Enthusiasm!

fun@frescoadventure.com

frescoadventure.com

[meetup.com/fresco-adventures](https://www.meetup.com/fresco-adventures)

[@outdoorfunindmv](https://www.instagram.com/outdoorfunindmv)

Live Life as an Adventure!

Fresco Adventures with Outdoor fun in the DMV

Join a fun group of people that love the outdoors and travel the world

PO Box 10067 Silver Spring, MD
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301-352-5272

Share on social



Check out our upcoming events

