

Fresco 2025 Programs



Dates are subject to change. The latest updates will be online at www.meetup.com/fresco-adventures

Here's a list of upcoming Fresco Programs, so check your calendar and come on out to play or learn something new!

Visit us online at www.frescoadventures.com and www.meetup.com/Fresco-Adventures for updates as dates may change for programs throughout the year

January:

Teleconference: Monday, January 6, 6-7PM – 7 Days to Lose the Waste Teleconference Program Overview (FREE)

Hike: Sunday, January 5, 12PM – Anne Marie's Garden Trail Maryland – 5 Miles FREE)

Workshop: Tuesday, January 7, 5:30-7PM –Teen Money Management/Investing, Sports/Learning Complex in MD (\$10)

Workshop: Tuesday, January 7, 7:15-9PM –Adult Money Management/Investing, Sports/Learning Complex in MD (\$10)

February:

Hike: Sunday, February 2, 11AM-4PM – Urban Walk, Old Town, Virginia – 4 Miles (\$5)

March:

Teleconference: Monday, March 3, 6-7PM – 7 Days to Lose the Waste Teleconference Program Overview (FREE)

Hike: Sunday, March 9, 9AM-1PM – Rock Creek Park and the National Zoo - 5 Miles (\$5)

Retreat: Friday - Sunday, March 21-23. 7 Days to Wellness Weekend Retreat in Heathsville, Virginia (\$375/475)

April:

Hike: Saturday, April 5, 9AM-12PM – Cash Lake in Maryland – 4 Miles (\$5)

Hike and Wine: Saturday, April 5, 2:30-5PM – Hike and Wine in Maryland Jefferson State Park - (\$49)

Workshop: Tuesday/Thursday, April 29-May 8, 5:30-7PM –Teen Money Management/Investing, Sports/Learning Complex in MD (\$50)

Workshop: Tuesday/Thursday, April 29-May 8, 7:15-9PM –Adult Money Management/Investing, Sports/Learning Complex in MD (\$50)

May:

Workshop: Thursday, May 15-29, 6:30-8:30PM –Basics of the Stock Market, Sports/Learning Complex in MD (\$60)

Hike: Saturday, May 31, 9:00AM-1PM – Hike the Appalachian Trail Snickers Gap South in Virginia - (\$5)

Hike and Wine: Saturday, May 31, 1-4PM – Hike and Wine in Virginia Appalachian Trail- (\$49)

June:

Workshop: Thursday, June 5, 6-8PM – How to Start and Organize and Investment Club – Sports/Learning Complex in MD (\$10)

Workshop: Tuesday, June 10, 5-7PM – Teen Introduction to Money Management/Investing, Sports/Learning Complex in MD (\$10)

Workshop: Tuesday, June 10, 7-9PM - Adult Introduction to Money Management/Investing, Sports/Learning Complex in MD (\$10)

Waterfun: Saturday, June 14, 10AM to 1PM – Kayak, Lunch and Wine in Maryland - (\$79)

Hike and Wine: Saturday, June 14, 2:30-6PM – Hike and Wine in Maryland Jefferson State Park– (\$49)

Hike and Wine: Sunday, June 15, 1-4PM – Hike and Wine in Virginia Appalachian Trail- (\$49)

Hike: Wednesday, June 18, 6:30-8:30PM – Evening Meditation Hike – Glover Archibald Trail - 4 miles (\$10)

Excursion: Thursday – Monday, June 19-23, African American History Tour #1, Virginia (**\$1979**)

Waterfun: Friday - Sunday, June 27-29, 2M to 2PM – Mahogany Riverfest Overnight Kayak and Camping - (\$259)

July:

Hike: Wednesday, July 2, 6:30-8:30PM – Evening Meditation Hike – Circles of DC – 3 miles (\$10)

Hike: Wednesday, July 16 6:30-8:30PM – Evening Meditation Hike – C&O Canal – 3 miles (\$10)

Hike and Wine: Saturday, July 19, 1-4PM – Hike and Wine in Virginia Appalachian Trail – (\$49)

Hike and Wine: Sunday, July 20, 2:30AM-4PM – Hike and Wine in Maryland Jefferson State Park - (\$49)

Waterfun: Sunday, July 20, 4-6PM – Bring your own kayak TBD (FREE)

Hike: Wednesday, July 30, 6:30-8:30PM – Evening Meditation Hike – Soapstone Trail – 3 miles (\$10)

August:

Waterfun: Saturday, August 2, 10AM to 1PM – Kayak, Lunch and Wine in Maryland - (\$79)

Hike and Wine: Saturday, August 2, 2:30AM-4PM – Hike and Wine in Maryland Jefferson State Park - (\$49)

Hike and Wine: Sunday, August 3, 1-4PM – Hike and Wine in Virginia Appalachian Trail – (\$49)

Waterfun: Sunday, August 3, 4-6PM – Bring your own kayak TBD (FREE)

September:

Teleconference: Wednesday, September 10, 6-7PM – 7 Days to Lose the Waste Teleconference Program Overview (FREE)

Hike: Sunday, September 14, 9AM-12PM Hike Calvert Cliffs in Maryland – 6 Miles (\$5)

Hike and Wine: Sunday, September 14, 2:30-6PM – Hike and Wine in Maryland, Jefferson Park - (\$49)

Retreat: Friday - Sunday, September 21- 23, 7 Days to Wellness Weekend Retreat in Heathsville, Virginia (\$375/475)

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Live Life as an Adventure!

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October:

Hike and Wine: Sunday, October 5, 1-4PM – Hike and Wine in Virginia Appalachian Trail- (\$49)

Workshop: Tuesday/Thursday, October 7-16 5:30-7PM –Teen Money Management/Investing, Sports/Learning Complex in MD (\$10)

Workshop: Tuesday/Thursday, October 7-16, 7:15-9PM –Adult Money Management/Investing, Sports/Learning Complex in MD (\$10)

Hike: Saturday, October 11, 9AM-12PM – TBD Trail in Virginia – 5 Miles (\$5)

Excursion: Wednesday – Wednesday, October 29 – November 19, Australia, New Zealand, Fiji Islands (**Starting at \$7625**)

November:

Hike: Sunday, November 23, 10AM, Trail Flag Pond Beach Trails in Maryland – 4 Miles (FREE)

December:

Workshop: Wednesday, December 3-17, 6-8PM –Basics of the Stock Market - Sports/Learning Complex in MD (\$60)

Hike: Saturday, December 6, 12-4PM Harpers Ferry Holiday Hike in West Virginia– 6 miles (FREE)

Register for all programs online at www.meetup.com/fresco-adventures

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