

Fresco 2022 Programs



Here's a list of upcoming Fresco Programs, so check your calendar and come on out to play or learn something new!

Visit us online at www.frescoadventures.com and www.meetup.com/Fresco-Adventures for updates

January:

Teleconference: Wednesday, January 5, 6-7PM – 7 Days to Lose the Waste Teleconference Program Overview (FREE)

Workshop: Tuesday, January 11, 5:30-7PM – Teen Money Management/Investing (\$10)

Workshop: Tuesday, January 11, 7:30-9PM – Adult Money Management/Investing (\$10)

Hike: Sunday, January 30, 10AM – Great Falls Park – Difficult Run Trail in Virginia – 5 Miles (FREE)

February:

Workshop: Tuesday, Feb 15 – March 8, 5:30-7PM – Teen Money Management/Investing (\$50)

Workshop: Tuesday, Feb 15 – March 8, 7:30-9PM – Adult Money Management/Investing (\$50)

Hike: Sunday, February 20, 12-4PM – Urban Walk, Washington, DC – Chinatown to U Street – 4 Miles (FREE)

March:

Teleconference: Wednesday, March 2, 6-7PM – 7 Days to Lose the Waste Teleconference Program Overview (FREE)

Retreat: Friday - Sunday, March 18-20. 7 Days to Wellness Weekend Retreat in Heathsville, Virginia (\$350/450)

Workshop: Tuesday, March 22, 7-9PM – How to Start and Organize and Investment Club – Sports/Learning Complex in MD (\$10)

Hike and Wine: Sunday, March 27, 2:30-6PM – Hike and Wine in Virginia – (\$69)

Hike: Saturday, March 26, 9AM-1PM – Gwyn Falls Trail in Maryland - 8 Miles (\$2)

April:

Workshop: Tuesday, April 5-19, 6-8PM – Basics of the Stock Market (\$50)

Hike: Saturday, April 2, 9AM-1PM – Rachel Carson Greenway in Maryland – 10 Miles (\$2)

Hike and Wine: Sunday, April 3, 2:30-6PM – Jefferson State Park in Maryland – (\$69)

May:

Hike: Sunday, May 1, 9AM-1PM – Signal Knob Trail in Virginia - 8 Miles (\$2)

Hike and Wine: Saturday, May 7, 2:30-6PM – Hike and Wine in Virginia - (\$69)

June:

Teleconference: Wednesday, June 1, 6-7PM – 7 Days to Lose the Waste Teleconference Program Overview (FREE)

Hike: Tuesday, June 14, Full Moon Night Hike – 3 miles (FREE)

Hike: Wednesday, June 15 6:30-8:30PM – Evening Meditation Hike Introduction – 3 miles (FREE)

Workshop: Tuesday, June 21, 5-7PM – Teen Introduction to Money Management and Investing (\$10)

Workshop: Tuesday, June 21, 7-9PM - Adult Introduction to Money Management and Investing (\$10)

Waterfun: Saturday, June 18, 10AM to 1PM – Kayak, Lunch and Wine in Maryland - (\$75)

Waterfun: Saturday, June 18, 4-6PM – Bring your own kayak location TBD (FREE)

Hike and Wine: Sunday, June 19, 2:30-6PM – Jefferson State Park in Maryland – (\$69)

Hike: Wednesday, June 29, 6:30-8:30PM – Evening Meditation Hike – Glover Archibald Trail - 4 miles (\$10)

July:

Hike: Wednesday, July 6 6:30-8:30PM – Evening Meditation Hike – Circles of DC – 3 miles (\$10)

Excursion: Friday-Wednesday July 8-20 **Israel, Jordan, Egypt** (\$5754)

Excursion: Friday-Monday July 15-25, **Egypt/Nile Cruise** (\$4595)

Hike: Wednesday, July 27 6:30-8:30PM – Evening Meditation Hike – C&O Canal – 3 miles (\$10)

Hike and Wine: Saturday, July 30, 2:30-6PM – Hike and Wine in Virginia – (\$69)

Waterfun: Sunday, July 31, 10AM to 1PM – Kayak, Lunch and Wine in Maryland - (\$75)

Waterfun: Sunday, July 31, 4-6PM – Bring your own kayak location TBD (FREE)

August:

Hike: Wednesday, August 17, 6:30-8:30PM – Evening Meditation Hike – Soapstone Trail – 3 miles (\$10)

Hike and Wine: Saturday, August 20, 2:30-6PM – Jefferson State Park in Maryland – (\$69)

Waterfun: Sunday, August 21, 10AM to 1PM – Kayak, Lunch and Wine in Maryland - (\$75)

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Live Life as an Adventure!

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September:

Teleconference: Wednesday, September 7, 6-7PM – 7 Days to Lose the Waste Teleconference Program Overview (FREE)

Waterfun: Saturday, September 10, 10AM to 1PM – Kayak, Lunch and Wine in Maryland - (\$75)

Waterfun: Saturday, September 10, 3-5PM – Bring your own kayak and kayak – location TBD (FREE)

Hike and Wine: Sunday, September 11, 2:30-6PM – Hike and Wine in Virginia - (\$69)

Workshop: Wednesday, September 14, 5-7PM – Teens Introduction to Money Management and Investing (\$10)

Workshop: Wednesday, September 14, 7-9PM – Adult Introduction to Money Management and Investing (\$10)

Hike: Saturday, September 18, 9AM-1PM – Rosaryville Perimeter Trail in Maryland – 9 Miles (\$2)

Retreat: Friday - Sunday, September 23-25. 7 Days to Wellness Weekend Retreat in Heathsville, Virginia (\$350/450)

October:

Workshop: Wednesday, September 21-October 12, 5-7PM –Teen Money Mgt/Investing, Sports and Learning Complex in MD (\$50)

Workshop: Wednesday, September 21-October 12 7-9PM –Adult Money Mgt/Investing, Sports and Learning Complex in MD (\$50)

Hike and Wine: Saturday, October 8, 2:30-6PM – Hike and Wine in Maryland - (\$69)

Hike: Sunday, October 9, 9AM-1PM – Number 9 Trolley Trail and Banneker Park – 5 Miles (\$2)

Excursion: Thursday– Sunday, October 13-30 – **South Africa Adventure (\$5625)**

November:

Teleconference: Wednesday, November 2, 6-7PM – 7 Days to Lose the Waste Teleconference Program Overview (FREE)

Workshop: Thursday, Nov 3-17, 6-8PM –Basics of the Stock Market - Sports/Learning Complex in MD (\$50)

Hike and Wine: Saturday, November 12, 2:30-6PM – Hike and Wine in Virginia - (\$69)

Hike: Sunday, November 13, Highest Peak in Washington, DC - 5 miles (FREE)

Workshop: Wednesday, November 30, 7-9PM – How to Start/ Organize an Investment Club – Sports/Learning Complex in MD (\$10)

December:

Hike: Sunday, December 11, 12-4PM Harpers Ferry Holiday Hike – 6 miles (FREE)

Register for all programs online at www.meetup.com/fresco-adventures

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